

# Salon Parisa

## Facial Information Card

### What is a facial?

A facial is a beautiful treatment to your face. It is not merely pampering but an investment in yourself. Facial uses everything from oils, creams, gels and serums to give you a cleaner, healthier, brighter skin.

### What is a facial good for?

This depends largely on the type of facial that you have. The titles and descriptions of facials give you an idea of their intentions.

The success of a facial depends on the products used. A facial should leave your skin feeling really fresh, soft and supple and you probably won't need to put make-up straight afterwards.

### The general aims of facials are:

**To cleanse** the face by removing the layer of dead cells and deep-cleaning pores to prevent acne and dulling of the skin.

**To balance** the different areas of facial skin, and improve its texture, general health and appearance.

**To rehydrate** the face by moisturizing and nourishing your skin complexion.

**To tighten** and brighten your skin, making you look younger.

Pretty much all facials will cleanse, exfoliate, tone and moisturize your skin. Just having a facial should leave you feeling relaxed and refreshed and your skin feeling softer and cleaner.

### Before

All treatment involves a consultation before the facial where the esthetician will work out your skin type and texture and tailor the facial to meet your needs.

### Precautions

Almost anyone can have a facial without risk! All you need to bear in mind is to share information with the esthetician so that she can make a correct skin analysis, including all allergies and medical information.

### What to expect from a facial

A mini-facial is a "one-facial-fits-all" treatment that incorporates all of the basic elements of a facial. Lasting about 30 minutes, a mini-facial is likely to include cleansing and exfoliating, toning, face massage and moisturizer. Also often described as "specialized facial" a prescription facial tailored to your skin type and what you are hoping to gain from the facial. The facial will include a consultation with an esthetician prior to application of products.

### After

A good facial will leave you glowing with a sense of how beautiful and renewed/rebalanced/restored/revitalized you are, you will leave with a prescription sheet which the esthetician has completed. This will include a recommendation on products and effective home care.

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## You are safe at Salon Parisa

At Salon Parisa, we adhere to high standards of sanitation and disinfecting procedures. All our instruments are scrubbed and soaked in two hospital grade solutions after each client. Our pedicure foot bath is cleaned and disinfected after each use with a hydrotherapy footbath solution which is run through the system to ensure the equipment is thoroughly clean for the next client.

Other supplies used in your treatment are made of plastic, paper or wood and are used only once, then properly disposed of. All material and tools used in waxing treatment are single use and properly disposed of after each use. This includes wax, containers, spatulas, waxing strips and gloves. Nail files are sanitized and placed in an envelope with the client's name on it ready for their next visit.

We have been inspected by the Toronto Public Health Department and have passed the rigorous standard as set out by them.

Before booking any of our services, please advise our staff of any health conditions and medication that you are currently taking.

## Other Treatment

### Aromatic Luxury Massage

A relaxing personalized aromatic massage treatment. It will help move your body away from stress to a world of calm. This treatment will leave you with improved circulation and improved mobility.

30 minutes **\$30**      60 minutes **\$60**

### The special Back Facial

Say goodbye to stress with a thorough cleansing and stimulation of the back, an exfoliating body scrub followed by a soothing mask and massage.

50 minutes **\$50**

### Repechage Facials

Repechage is a French word meaning "to rescue" or "a second chance" it is a superlative line of targeted care products for the face and body and is steeped in the age-old tradition of European skincare.

The result is a line that includes products for intensive anti-aging, sensitive, dry, oily and combination skin conditions, anti-acne. All products are based on the wonder of seaweed harvested from the coasts of Brittany in France.

The treatment and products are, as envisioned, gentle, effective and beneficial for the skin with ingredients which stand the test of time and state of the art formulation defy it. The high quality collection is formulated to meet the skincare needs of every age group and every skin type.

### Hydra 4 for Sensitive Skin

Your Hydra 4 treatment will be balancing, soothing and protecting your skin. While helping to decrease skin sensitivity, olive oil and olive leaf extracts help provide the protection that sensitive skin needs.

75 minutes **\$65**

### Combination Skin

If this is the facial you need, the products which will be used are formulated with St. John's Wort, known for its gentle soothing properties. The treatment will work on balancing the skin function and refining skin texture.

70 minutes **\$65**

### Vita cure 5

Allow yourself to experience the effects of an external therapy designed to regenerate and nourish mature or sun-damaged skin. Designed to invigorate and firm the skin, a gentle enzymatic peel which allows for cell renewal leaves your skin feeling fresh and oxygenated. This is a treatment for advanced skin repair.

75 minutes **\$90**

### 4 Layer Facial

This facial is suitable for all skin types. A premier anti-aging treatment. Layer upon layer of pure seaweed. A cool seaweed mask followed by a mineral rich thermal mask which allows for total penetration of the layer of treatment. It is designed to rehydrate, re-materialize and rebalance.

75 minutes **\$120**

### Hydra Refine for Problem/oily Skin

You may have oily skin with surface dryness from improper cleansing. The Hydra Refine products are designed to combat oiliness and fight pimples causing bacteria without drying out the surface of the skin. Your treatment will help control oil and reduce impurities. The seaweed, lemongrass and cucumber leave the skin feeling refreshed, renewed and ultra clean.

75 minutes **\$80**